



Your information:

First Name _____

Last Name _____

Heartland Bib No. _____

The Heartland race you registered for:

Full Marathon ____

Marathon Relay ____

Half Marathon ____

10K ____

How did you complete your virtual race?

Outside on my own or with friends ____

Treadmill ____

Another organized event ____

What was your virtual race time? _____

Send us a picture of your route map, your watch, your treadmill tracking or event finish time (load picture)

We'd love to hear about your journey _____ (word limit)

See you in 2020!

