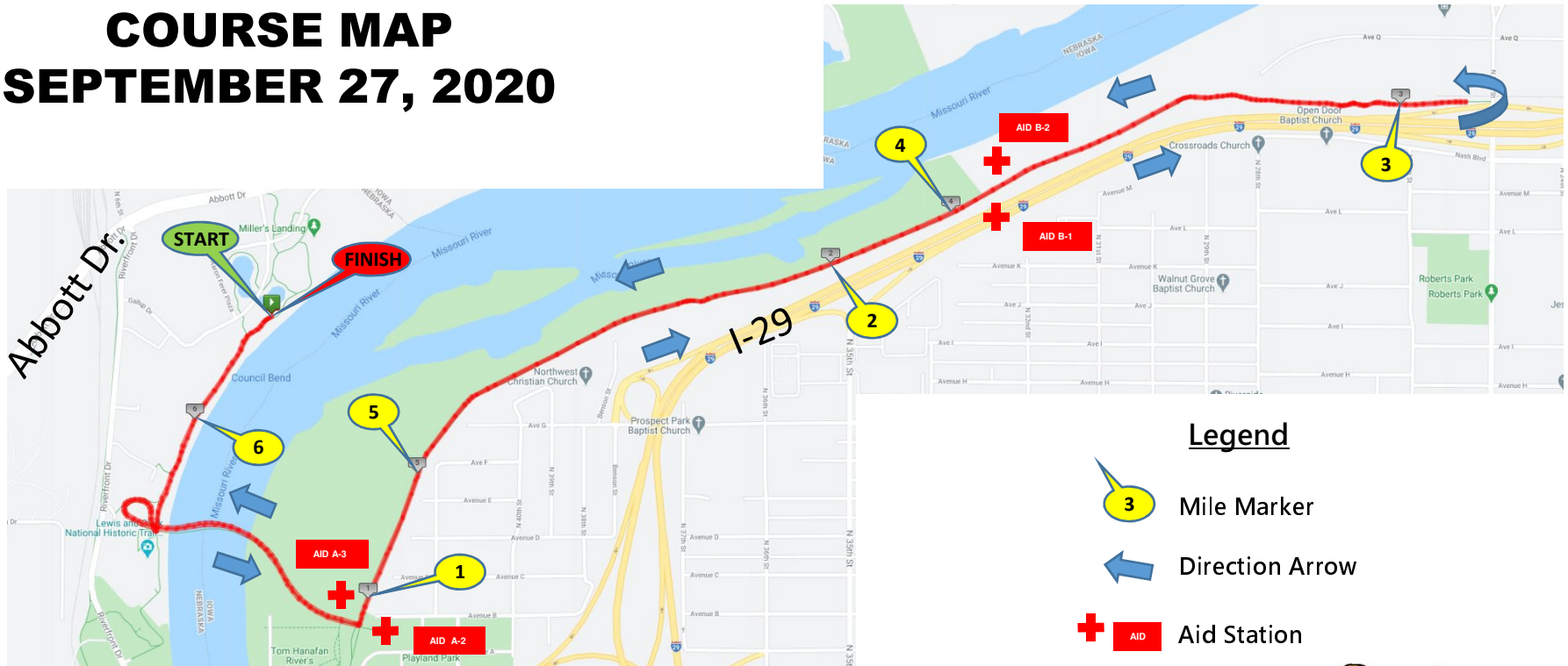







The Heartland 10K is an out and back course that starts on the Riverfront Trail in Omaha, Nebraska and crosses the Bob Kerrey Pedestrian Bridge. Runners then head northeast along the east bank of the Missouri River to the turnaround. The return trip provides great views of downtown Omaha.

# 10K COURSE MAP SEPTEMBER 27, 2020



- Legend**
-  Mile Marker
  -  Direction Arrow
  -  Aid Station

